

Pool Schedule

Activity	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Adult Swim** (18 years and older)		5am-8am 12pm-1pm	5am-8am 12pm-1pm	5am-8am 12pm-1pm	5am-8am 12pm-1pm	5am-8am 12pm-1pm	
Shallow Water Aerobics		6:30am-7:30am 8:30am-9:30am 6pm-7pm	9am-10am	6:30am-7:30am 8:30am-9:30am 6pm-7pm	9am-10am	8:30am-9:30am	
Deep Water Aerobics		10am-11am	6:30am-7:30am 10:15am-11:15am 5:45pm-6:45pm	10am-11am	6:30am-7:30am 10:15am-11:15am 5:45pm-6:45pm	10am-11am	9am-10am
Swim Lessons			4-6pm		4-6pm		8:45am-1:30pm
Underwater Hockey***			7-9pm			7-8:30pm	
Birthday Parties	1pm-5:30pm						10am-4:30pm
Open Swim*	1pm-5:30pm	9:30am-12pm 1pm-4pm 7pm-9:30pm	8am-9am 10am-12pm 1pm-4pm 6pm-9:30pm	9:30am-12pm 1pm-4pm 7pm-9:30pm	8am-9am 10am-12pm 1pm-4pm 6pm-9:30pm	9:30am-12pm 1pm-8:30pm	8am-4:30pm

***Open Swim is the only time children are allowed to swim in the shallow end.**

****There is no lifeguard on duty during Adult Swim. Anyone under the age of 18 is not permitted in the pool during this time. NO EXCEPTIONS!**

*****During Underwater Hockey the deep end is closed to recreational/lap swimming.**

THERE WILL BE A KAYAK CLASS USING THE POOL ON THE FOLLOWING DATES:

SEPTEMBER 14TH AND 16TH 7PM-9PM

OCTOBER 26TH AND 28TH 7PM-9PM

NOVEMBER 9TH, 11TH, 15TH, AND 17TH 7PM-9PM AND NOVEMBER 19TH 6PM-8PM

THE SHALLOW END AND THE WATER WALKING LANE WILL BE CLOSED DURING THIS TIME.